

Celebrating National Recovery Month September 8 & 9, 2022

The two-day event will cover alcohol, drug, domestic violence, and trauma recovery from the Western & Traditional Concept

"Healing Body, Mind, & Spirit = RECOVERY"

September 8, 2022, Thursday

AM- Breakout sessions

9:00 am - 12:00 pm

- General Session
- Question, Persuade, Refer (QPR)
- "Sihaasin"-Street Medicine
- Domestic Violence
- Lunch - Boxed

PM-Breakout sessions

1:00 pm - 4:00 pm

- Mindfulness
- "Sihaasin"-Street Medicine
- Domestic Violence
- Reflection

September 9, 2022, Friday

AM-Breakout sessions

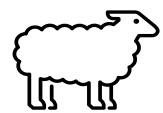
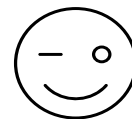
6:00 am - 12:00 pm

- 6:00 - 8:00 am Mens' Sweatlodge-10 max.
- 6:00-8:00 am Womens' Sweatlodge-10 max.
- Navajo Wellness Model
- Traditional Recovery
- Blue Corn Mush Demo
- Lunch - Boxed

PM-Breakout sessions

1:00 pm - 4:00 pm

- Traditional Recovery
- Reflection
- Closing - Traditional Feast



Pre-registration required due to limited seating (60).

Free Registration: Call: 505-368-4587

E-mail: 1hcdropincenter@gmail.com

**Location: Healing Circle Drop-In Center
(Off Hwy 491 North, East on Mesa School Rd.)
Shiprock, NM 87420**